

Unique training opportunity in Kamloops!



Hospital for Sick Kids has developed a 15 part training program focusing on Infant Mental Health. This program aims to raise awareness and understanding of the unique needs of infants and toddlers in order to promote healthy social emotional development in the early years and reduce the likelihood of poor mental and physical health outcomes in the later years.

Awareness of early childhood mental health is essential for any professional working with very young children (ages 0-3). **Early learning and care practitioners (ECE's), home visitors, public health nurses, pediatricians, physicians, social workers and mental health clinicians** in particular need to understand the impact of a young child's experiences on their mental health and emerging sense of self. Every professional working with young children needs a strong understanding of infant mental health – what it is, how it develops, how it is influenced and implications for a child's development when mental health is vulnerable in the early years.

This training would generally cost \$2000 to access. We are inviting you to attend it for FREE! This is a rare opportunity and one that will not be offered again.

JOIN US FOR DAY OR EVENING SESSIONS STARTING IN SEPTEMBER
2016

FOR DAY SESSIONS, REGISTER AT

<https://www.eventbrite.ca/e/infant-mental-health-community-training-institute-tickets-26570730771>

FOR EVENING SESSIONS, REGISTER AT

<https://www.eventbrite.ca/e/infant-mental-health-community-training-institute-tickets-26571140998>

Training schedule:

(Check Eventbrite registration links shown above for dates, times and location)

Session 1 - Introduction to IMH & Early Development

Dr. Chaya Kulkarni (BAA, M.Ed, Ed.D) - Director, Infant Mental Health Promotion

Session 2 - Understanding Brain Development in the Early Years

Dr. Pat Levitt (Ph.D) - Science Director, National Scientific Council on the Developing Child; Provost Professor of Neuroscience, Psychiatry & Pharmacy, and Director of the Neuroscience Graduate Program, Keck School of Medicine, University of Southern California

Session 3 - The Importance of Attachment to Development

Mary Rella (B.A., Dip. C.S.) - Manager of Clinical Services, Yorktown Child and Family Services

Session 4 - Temperament

Greg Lubimiv (M.S.W, CACPT Supervisor) - Executive Director, Phoenix Centre for Children and Families

Session 5 - The Development of Regulation in the Early Years

Dr. Stuart G Shanker (DPhil) - Distinguished Research Professor & Director, Milton & Ethel Harris Research Initiative, York University

Session 6 - The Impact of Early Trauma on Development

Nathan Fox (Ph.D) - Distinguished University Professor and Chair, Human Development and Quantitative Methodology (HDQM) & Child Development Laboratory, University of Maryland

Session 7 - Parental Depression

Dr. Cindy-Lee Dennis (Ph.D) - Professor at the Lawrence S. Bloomberg Faculty of Nursing, University of Toronto and holds a Canada Research Chair in Perinatal Community Health

Session 8 - The Impact of Domestic Violence on Infants and Families

Dr. Angelique Jenny (M.S.W., Ph.D) - Director, Family Violence Services, Child Development Institute

Session 9 - Impact of Poor Parental Mental Health on a Child

Dr. Jean Wittenberg (MD, FRCPC) - Head Infant Psychiatry Program, The Hospital for Sick Children, Co-Chair IMHP. Associate Professor, University of Toronto

Session 10 Mon. - What Does the Early Development Index (EDI) Tell Us About the Children in Our Community?

Dr. Magdalana Janus (Ph.D, MSc) - Associate Professor, Offord Centre for Child Studies, McMaster University

Session 11 - FASD and Impact of Substance Misuse on the Caregiving Relationship

Margaret Leslie (Dip.C.S., C.Psych.Assoc.) - Director, Early Intervention Programs

Session 12 - Common Disorders of Early Childhood

Greg Lubimiv (M.S.W, CACPT Supervisor) - Executive Director, Phoenix Centre for Children and Families

Session 13 - Administering and Interpreting the Ages and Stages Questionnaires (ASQ-3R and ASQ:SE2)

Dr. Chaya Kulkarni (BAA, M.Ed, Ed. D) – IMP Director

Session 14 - Creating Developmental Support Plans

Dr. Chaya Kulkarni (BAA, M.Ed, Ed. D) – IMP Director

Session 15 - Best Practices for Embedding Infant Mental Health

Dr. Chaya Kulkarni (BAA, M.Ed, Ed. D) – IMP Director