



S P A R K

Strong, Prepared And Ready for Kindergarten

Entering kindergarten is a major transition for children and parents.

This free program includes:

- **Time spent in the classroom environment**
- **Parent education**
- **Snack**
- **Take away activities**



FREE!

Registration required

March 28th

April 25th

May 16th

June 6th

4:00pm-5:00pm

**Location:
Kindergarten
Room at**

**Parkcrest
Elementary
School**

**with tours to the
Library and Gym**

**Entry via the
front
office/delivery
doors**

**TO REGISTER
GO TO**

eventbrite.ca

Parkcrest - S.P.A.R.K

or call:

250-554-2368



March - Healthy Habits for Life

During this session, children will have the opportunity to explore different materials supporting nutrition. This session will have a presentation by TRU health nurses, and will be directly related to healthy food, germs, and sleep. There will be opportunities and resources for your child to learn through play.

April -Finding Mathematics Everywhere

This session will provide you with information on play-based learning and your role as a parent/caregiver in providing opportunities and resources to your child . This session will also help you to learn what early numeracy is and how you can promote your child's early numeracy skills through simple, interesting and playful activities. The presentation will be filled with 'Make it and take it' activities.

May - Learning in a PLAY-filled way

Play in the early years provides the foundation for healthy, active living. In fact, early gross motor ability is associated with cognitive, social and emotional development. Purposefully choosing activities and creating opportunities that encourage play and develop physical literacy establishes the basis for life-long participation. This interACTIVE session will focus on teaching fundamental movement skills and creating an environment that supports confidence and fun. Families will also leave with the knowledge of resources and tools to add more play into their life.

June - Linking Literacy and Play

This session is all about playing with letters, words, and sounds! Having fun with language helps your child learn to crack the code of reading. Families will have the opportunity to explore Literacy/Play based centers and do a 'Make it and take it' activity. During the second part of the session, families will be touring the school, through a scavenger hunt. The final destination will be the school library where children will have the opportunity to listen to a storybook and practice a rhyme and song.

Free take home resources and snacks provided at all sessions!